HISTORY OF VACCINES

Agenda

Smallpox

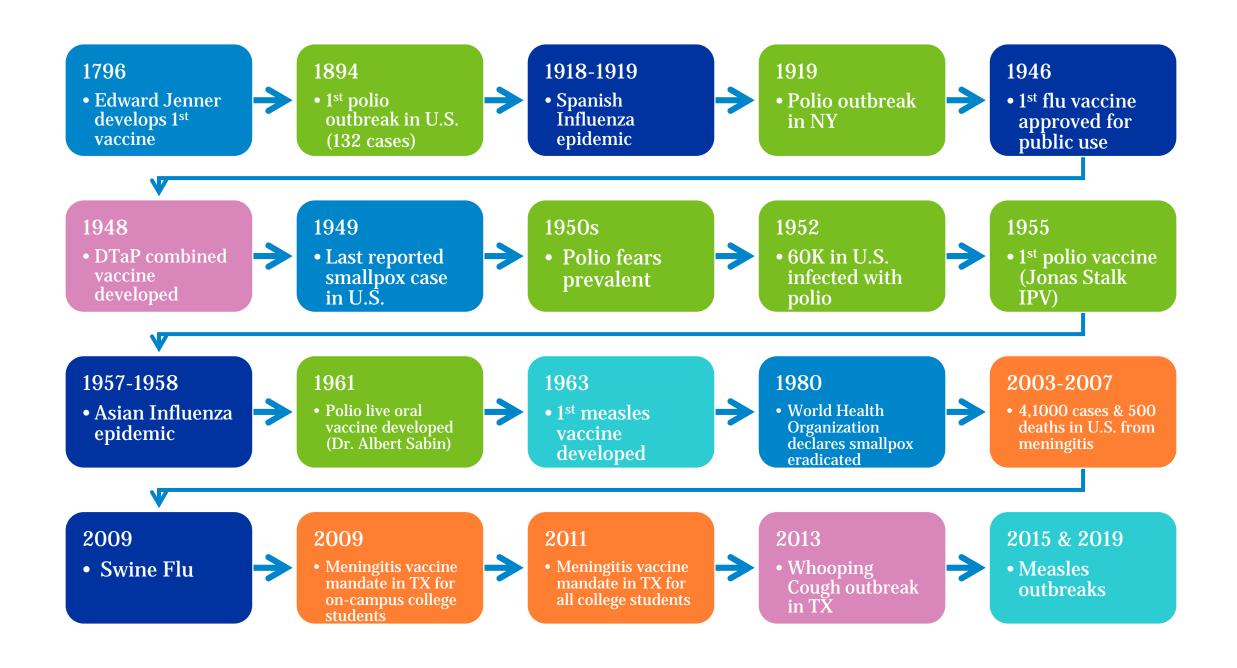
Polio

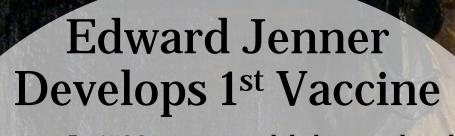
Measles

Influenza

Diphtheria, Tetanus, & Pertussis

Meningitis





In 1700s, it was widely known that those who survived smallpox were immune to infection in the future. One of these survivors was Edward Jenner. A curious physician, stories of dairymaids' immunity to smallpox due to earlier infection from cowpox inspired Jenner. In 1796, Jenner took matter from dairymaid Sarah Nelms's cowpox lesions to inoculate 8-yearold James Phipps. Two months later, James was inoculated again, but this time with smallpox. Because of his earlier exposure to cowpox, James did not develop the disease and the first vaccination was born.

History of Smallpox

- Dates back to 3rd Century BCE
- Early prevention efforts
 - Variolation
- 3 out of 10 → death from smallpox
- George Washington conducts 1st mass army inoculation during peak of a war 1777



Mummy of Egyptian Pharaoh Ramses V

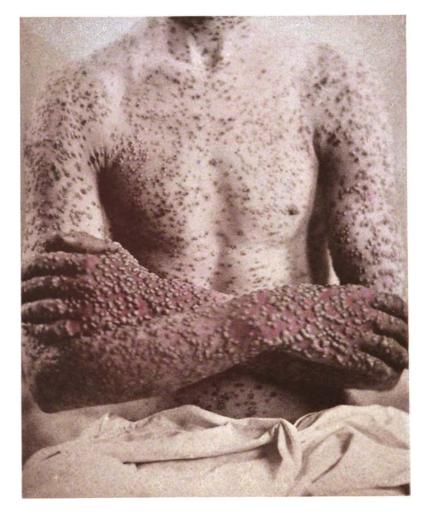
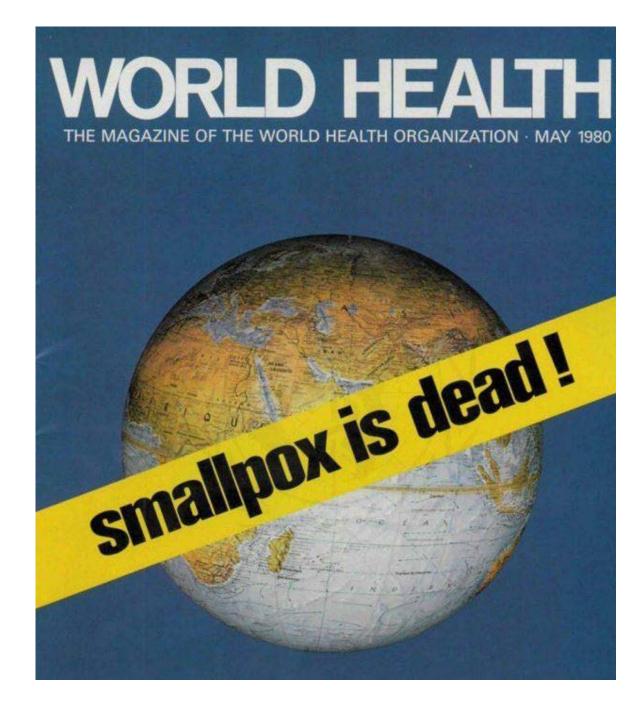


Image of Smallpox patient from George Henry Fox, Photographic Illustrations of Skin Diseases 21 (2nd ed. 1886).

Successful Eradication

- Edward Jenner develops a smallpox vaccine in 1796
- Last reported smallpox case in U.S. in 1949
- Vaccination campaigns in 1960s & 1970s
- World's last smallpox case occurs in 1977
- World Health Organization declares smallpox eradicated in 1980



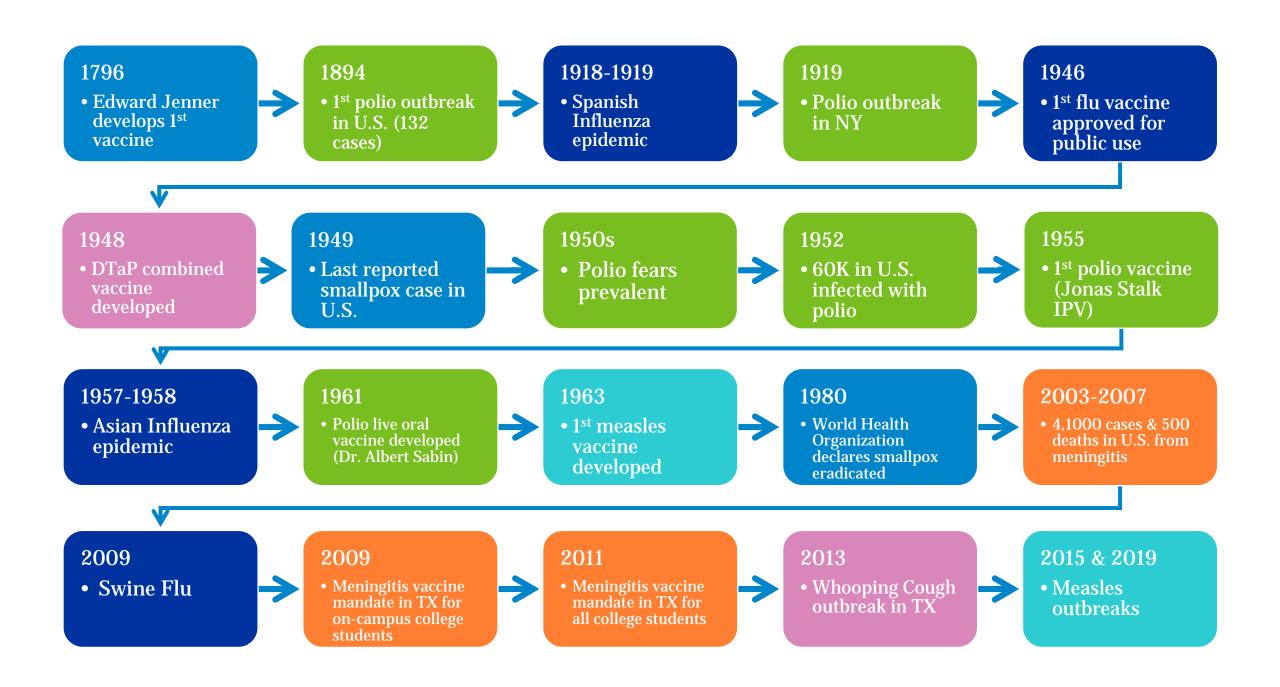
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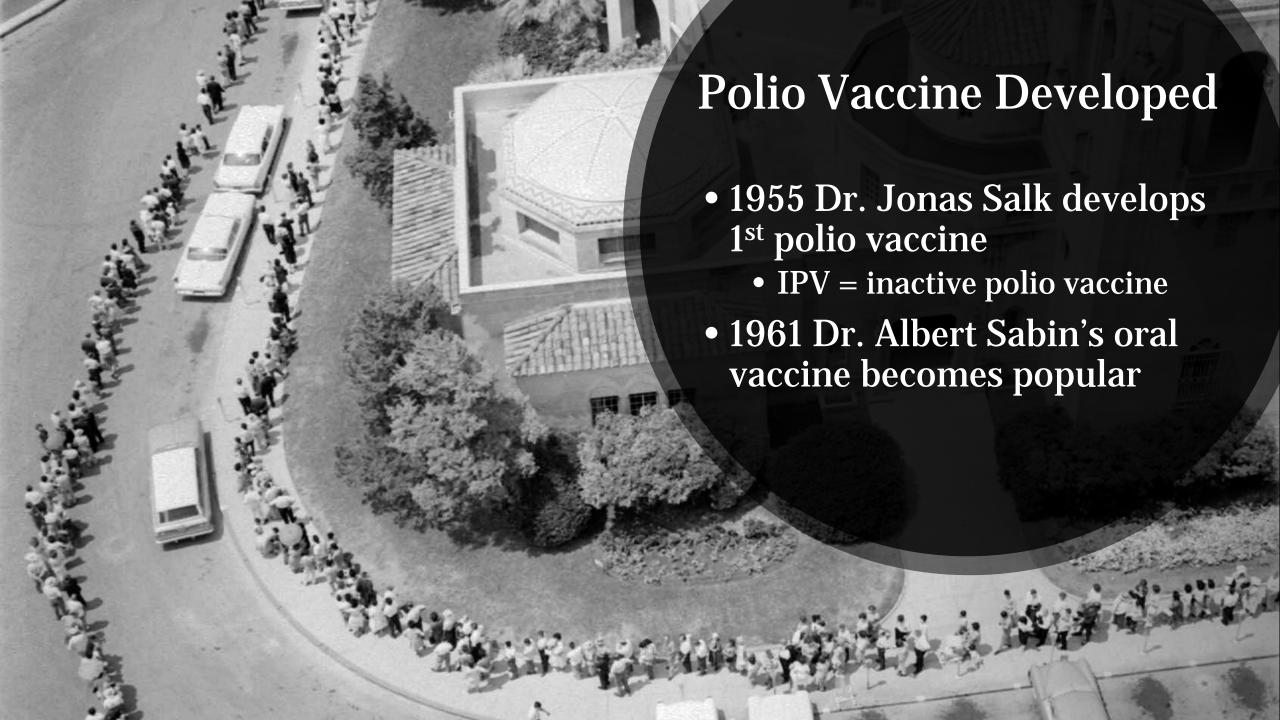
Future generations will know by history only that the loathsome smallpox existed and by you has been extirpated.

"

- U.S. President Thomas Jefferson in 1806

letter to Edward Jenner





Polio in the '50s

- By 1950s, polio one of most feared diseases
- In early 1950s, more than 15,000 cases a year
- 1952 peak 52,876 reported cases
- "Iron lungs" commonly used to help infected patients breathe



Impact of the Vaccine

Year Polio Cases per Year

1950s > 15,000 cases

POLIO VACCINE DEVELOPED

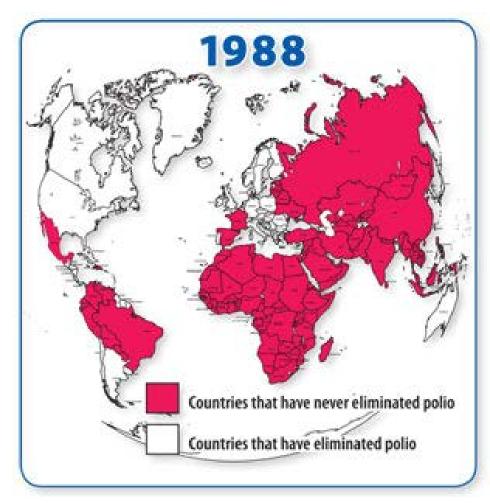
1960s < 100 cases

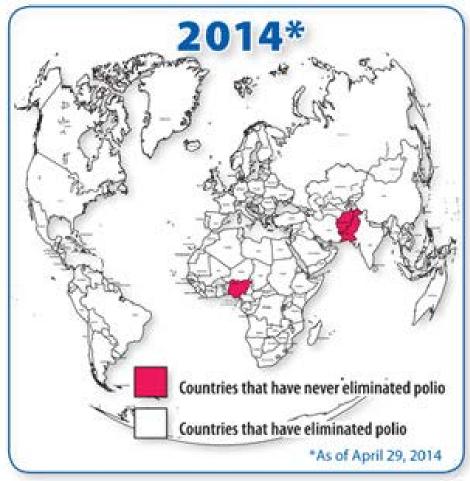
1970s < 10 cases

Today 0 cases



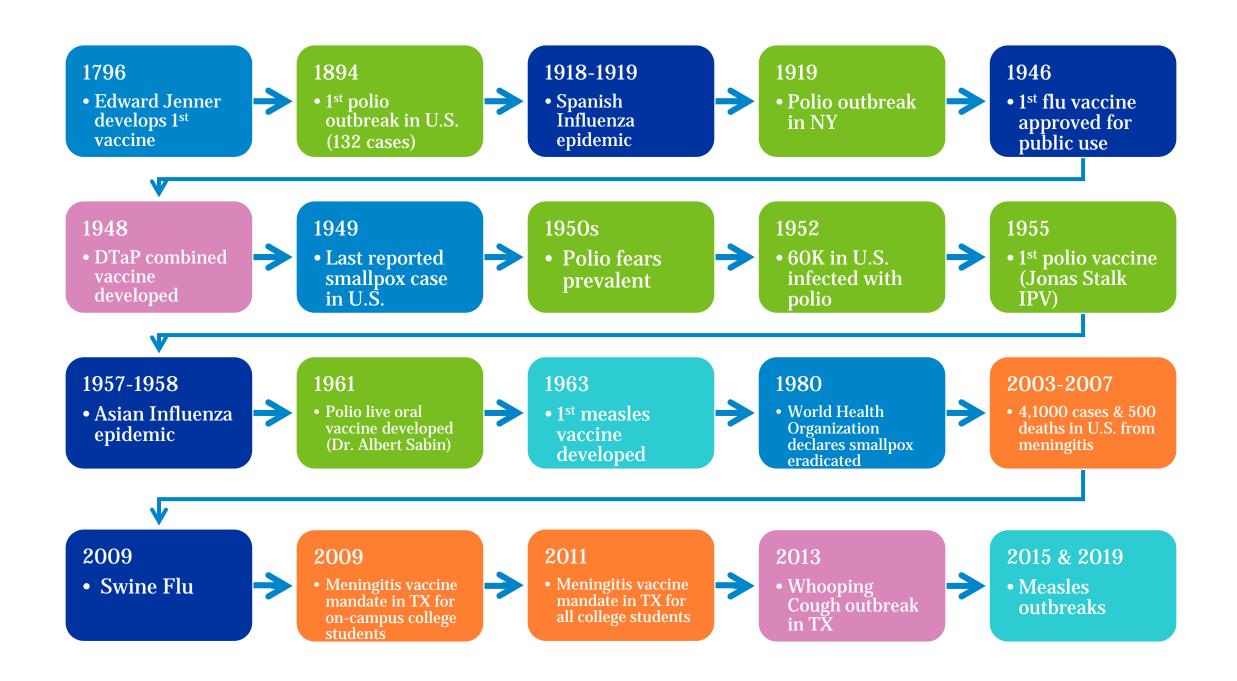
Polio Elimination

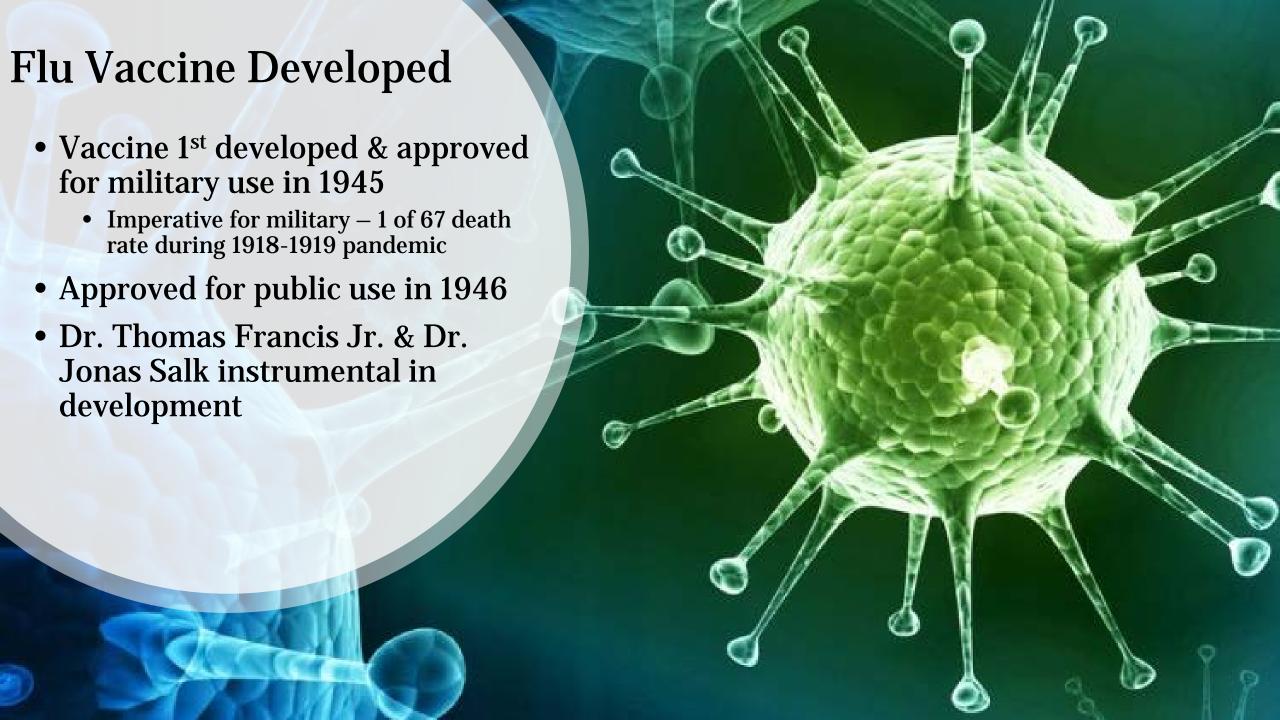




Polio Vaccinations (IPV & OPV)

- IPV = inactive polio vaccine (Dr. Salk)
- OPV= oral polio vaccine (Dr. Sabin)
- U.S. uses only IPV since 2000
 - OPV still used in other countries
- CDC recommends 4 doses for children
 - 2 months
 - 4 months
 - 6-18 months
 - 4-6 years





The Flu – Major Outbreaks



1918-1919

Spanish Influenza epidemic

- 40 million died worldwide
- No treatment or vaccine



1957–1958 Asian Influenza epidemic

- 2 million killed worldwide
- 70,000 deaths in U.S.
- Vaccine developed once new strain identified



2009

Novel H1N1 (Swine Flu)

- Between 8,520
 & 17,620 deaths in U.S.
- 18,449 deaths worldwide



2017-2018

A(H3N2) Prominent

- 171 pediatric deaths reported
- Diverse type & subtype
- Only 22% of children who died were vaccinated

Advantages of Vaccination

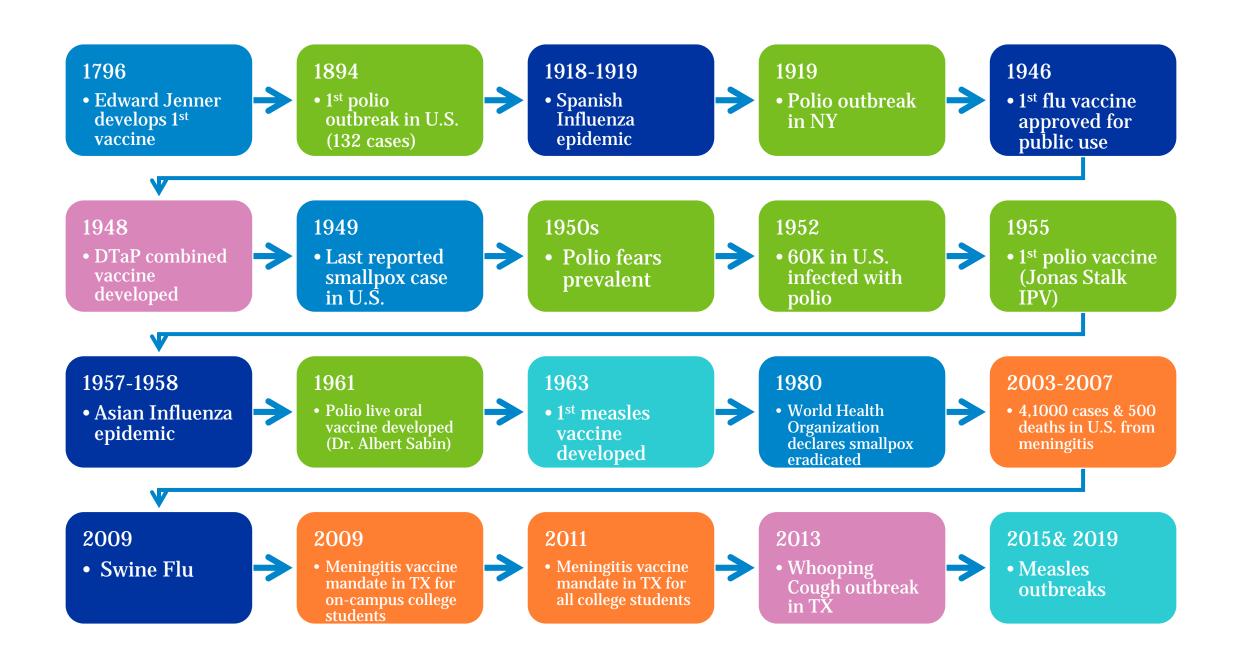
- Lowers risk of flu illness by 40-60%
- Milder illness or prevent sickness if flu contracted
- Significantly reduces child's risk of death if flu contracted
- Helps with chronic disease
 - Lowers rates of cardiac events for those with heart disease
 - Reduced hospitalization diabetes & lung disease
- Protects people who cannot get vaccinated

Need to Increase Flu Vaccination Rates

- Vaccination rates for adults just over 40%
 - Rates for children in high 50%
- Need herd immunity
 - Not enough people are vaccinated to create herd immunity
 - Protect those who can't be vaccinated

WHY DOES MY CHOICE MATTER TO OTHERS? It matters because of the concept of "herd immunity." Here's how it works: Immunized Not immunized Not immunized. but still healthy and healthy sick and contagious When no one is immunized disease spreads through the population. When some of the population is immunized disease spreads through some of the population. When most of the population is immunized spread of the disease is constrained.

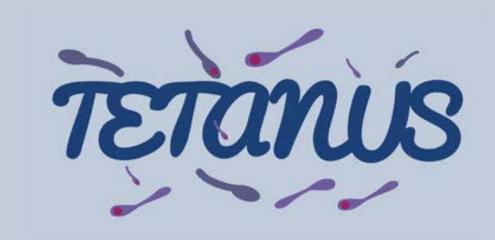
(MLive.com)







- Thick coating in back of throat → breathing problems, heart failure, paralysis, even death
- Rare in U.S. (< 5)
- Still globally active \rightarrow 4,190 cases worldwide in 2007
- Fatality rates highest for under 5 & over 40



- Kills 1 out of 10 infected
- Muscle tightening & stiffness throughout body
 - Tightening in head/neck → inability to swallow or breathe
- Only vaccine-preventable disease not spread through human contact
 - Contract through cuts, scratches, or wounds

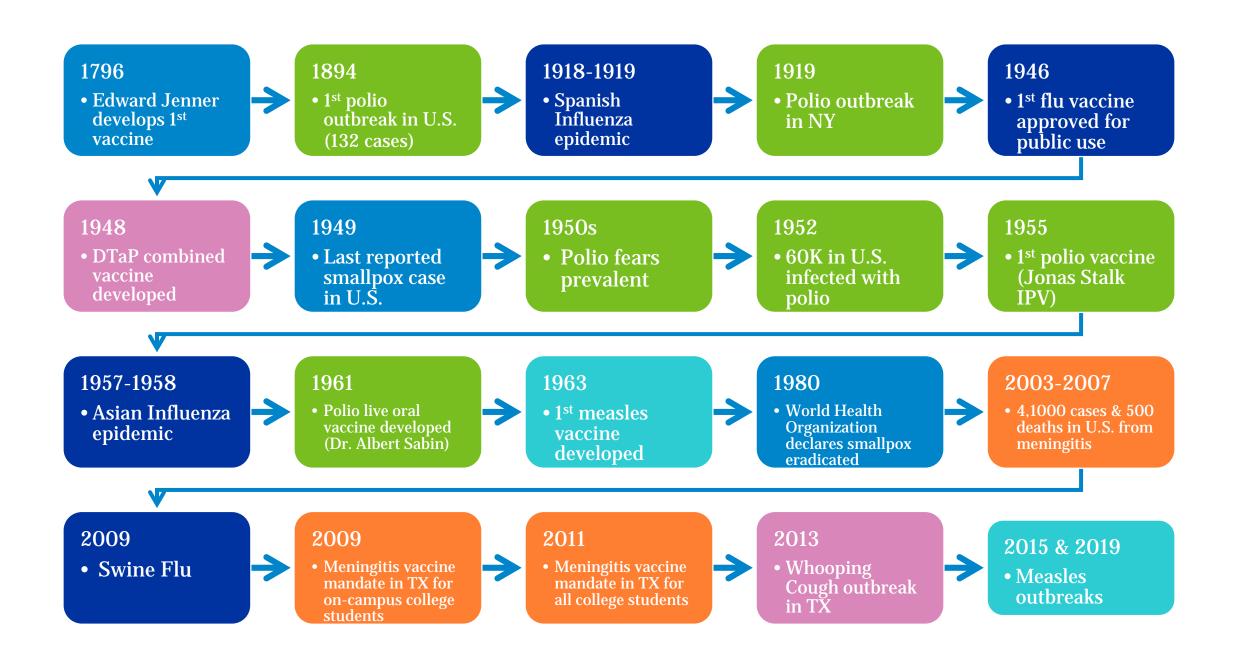


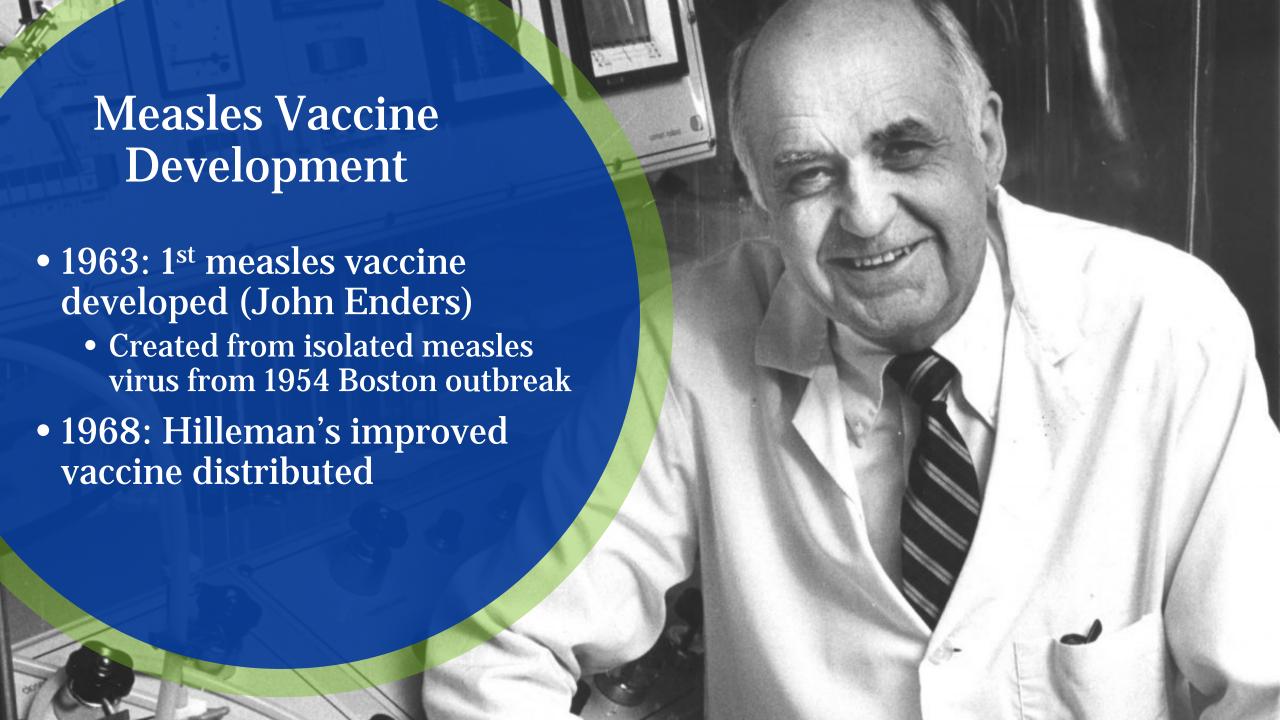
- Intense coughing fits → trouble breathing, vomiting, sleeplessness
- TDaP during 3rd trimester



DTaP/TDaP

- DTaP vaccine for children
- TDaP for adults
- Combined vaccination (Diphtheria, Tetanus, and Pertussis)
 - <u>Children</u>: 5 vaccinations before age 6 (DTaP)
 - <u>Adults</u>: TDaP age 11 & TD booster every 10 years
 - TDaP during pregnancy
- Before vaccinations
 - 200,000 diphtheria cases
 - Hundreds of tetanus cases
 - 200,000 pertussis cases
- Post vaccinations
 - Diphtheria & tetanus dropped 99%
 - Pertussis dropped 80%





Measles Today



1 out of 10 suffer ear infections and many have permanent hearing loss



1 in 20 get pneumonia, which can be fatal in young children



1 of every 1000 develop encephalitis which can lead to deafness or intellectual disability



1-2 of every 1000 die

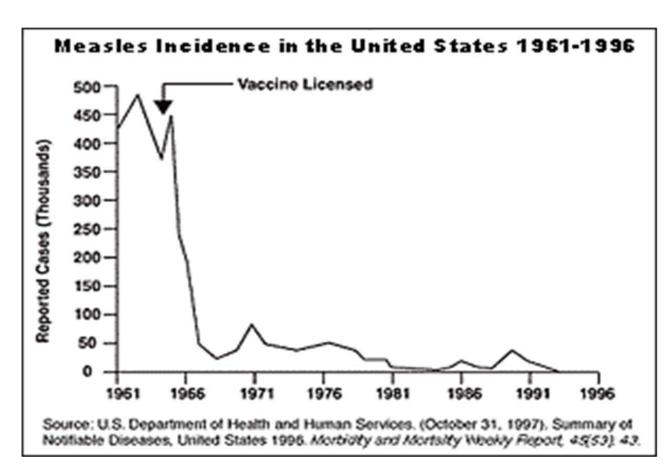
MMR Vaccine

- MMR = measles, mumps, & rubella (German measles)
- CDC recommends 2 doses for children
 - 12-15 months
 - 4-6 years
- Recommended for children under 12 months before travel
 - Disease uncommon in the U.S. not uncommon in other locations
- MMR only recommended for adults in an outbreak environment



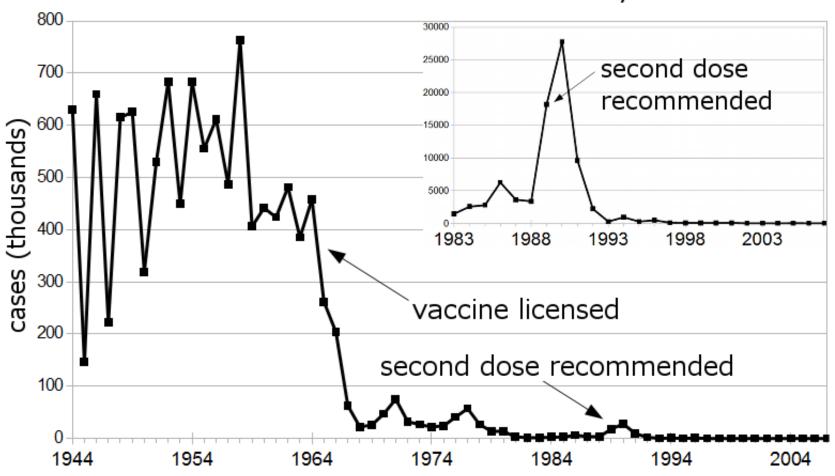
Importance of Staying Vaccinated

- In 1963 the 1st measles vaccine was developed
- Before vaccine:
 - More than 500,000 cases reported annually
 - 48,000 hospitalizations
 - 4,000 cases of encephalitis
 - 450-500 deaths
- 1966 National Measles Campaign

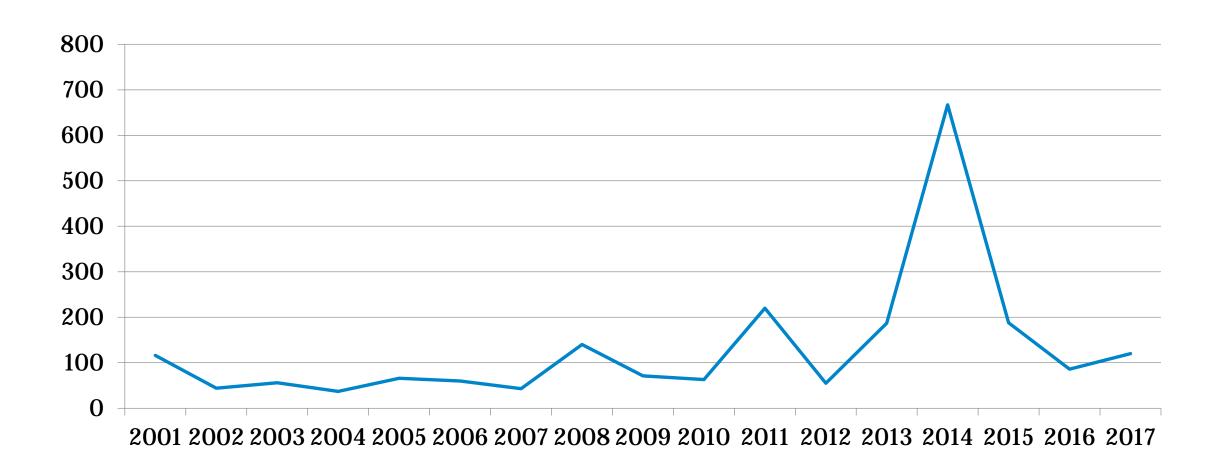


The Measles Story

Measles cases in the United States, 1944-2007



Measles Cases in the U.S. since 2000



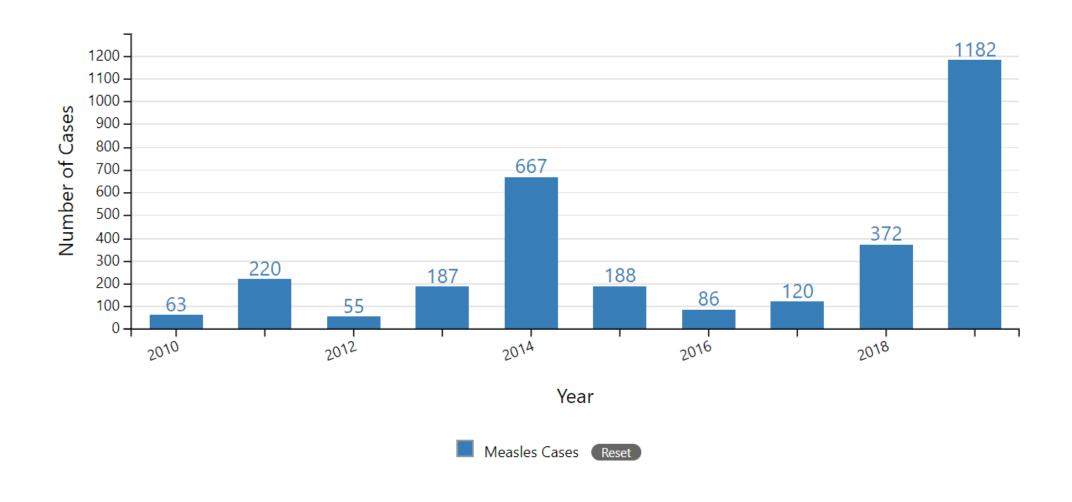
Measles in Disneyland

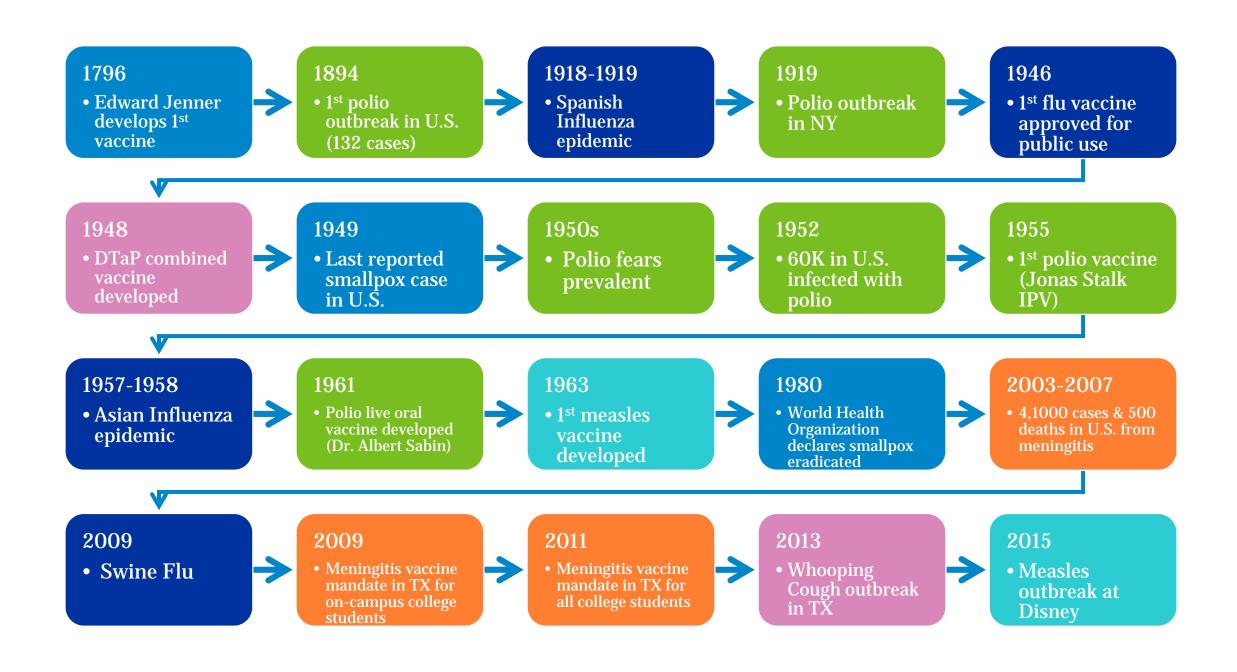
- January 5th, 2015: potential measles case
 - 11-year-old unvaccinated child hospitalized with rash following trip to Disneyland
 - 4 more potential cases reported in CA; 2 cases reported in Utah
- 125 measles cases between December 28th & February 8th
- 88% of CA patients infected were unvaccinated



Number of Measles Cases Reported by Year

2010-2019**(as of August 8, 2019)





Meningitis

- Vaccinations effective for 4 out of 5 common bacterial types
 - Those 4 types cause 70% of infections in the U.S.
- Increased promotion & use of meningitis vaccine has lowered outbreak frequency
 - 1 year period (1992-1993) 8 identifiable outbreaks
 - Past 11 years only 13 outbreaks total
- 2 types of vaccines
 - Meningococcal conjugate vaccine
 - Vaccinate at age 11-12 (+ booster at age 16)
 - Serogroup B meningococcal vaccine
 - Vaccinate if in 16-23 age group

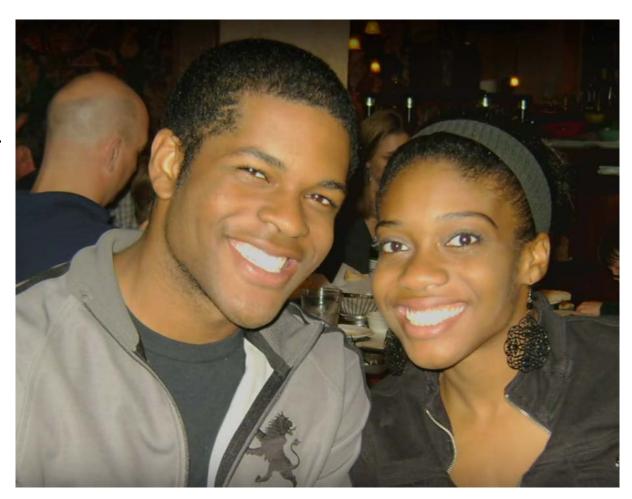
Meningitis

- 1,000 2,600 cases each year (CDC)
- 1 out 10 cases result in death
- Continuing health problems in 11-19% of survivors
 - Loss of limbs and hearing, blindness, nervous system problems, learning disability, kidney failure, seizures, strokes
- Can be contained by antibiotic –
 with extreme early action
 - Death and health problems still possible
- Infection progresses quickly (death can result in 24 hours)
 - Initial symptoms mimic typical flu



Meningitis – TX Legislation

- College students at greater risk
 - Close living conditions, sharing food/drinks, etc.
- 2009: Jamie Schanbaum Law (SB 1107) all students living on college campus must have meningitis vaccine
 - Jamie Schanbaum lost fingers and lower legs due to bacterial meningitis
 - 19-year-old UT student
- 2011: Nicolis Williams Law (HB 1816) expands earlier law to include all college students (off-campus as well)
 - Nicolis Williams passed away due to bacterial meningitis
 - 20-year-old A&M student
 - TX 1st state to include all students in mandate



Thank You