

## Vaccine Development: MMR and MMR-II

## **Timeline:**

- 1963: The first measles vaccine was licensed, based on research by **Dr. John Enders**. This vaccine used a live attenuated virus and was initially paired with **gamma globulin** to reduce side effects like fever and rash. Gamma globulin was used to improve safety and effectiveness until further refinements were made.
- 1967: Dr. Maurice Hilleman at Merck developed a further-attenuated measles vaccine that no longer required gamma globulin. This new formulation, based on the Edmonston-Enders strain, became the standard measles vaccine, offering safer and more effective protection, and it remains in use today.
- 1967: The first mumps vaccine was licensed by Merck, developed by Dr. Maurice Hilleman. It used the Jeryl Lynn strain (named after Hilleman's daughter, from whom the virus was collected). This vaccine proved effective and remains in use today.
- 1969: After the U.S. rubella epidemic of 1964–65, which led to 20,000 cases of congenital rubella syndrome (CRS) and 20,000 fetal deaths, three rubella vaccines were licensed:
  - o Mervaux (produced in duck embryos, developed by Hillerman)
  - Rubelogen (produced in dog kidney cells)
  - Cendevax (produced in rabbit kidney cells)
- 1971: Dr. Maurice Hilleman combined the measles, mumps, and rubella vaccines into one combined vaccine, the MMR vaccine, which offered protection against all three diseases in a single shot. The combination vaccine drastically reduced missed doses and improved immunization rates, contributing to a significant decrease in disease spread.
- 1979: The rubella strain in the MMR vaccine was updated to use a more effective strain developed by **Dr. Stanley Plotkin** at the Wistar Institute. This updated vaccine, **MMR-II**, replaced the original MMR vaccine and became the standard version used in the U.S.
- 2004: Rubella was officially eliminated from the United States due to the widespread use of the MMR vaccine. However, rubella remains a global health issue, with significant rates of congenital rubella syndrome in other parts of the world, especially Southeast Asia and Africa.

**Sources**: https://vaxopedia.org/2019/04/07/whats-the-difference-between-the-mmr-and-mmr-ii-vaccines/https://www.si.edu/spotlight/antibody-initiative/mmr#ogmt-edan-search-results