



# VACCINE FACTS ADULTS 50+



THE  
IMMUNIZATION  
PARTNERSHIP

## ROUTINE VACCINES ADULTS 50+ NEED:

- FLU** Every Year
- PNEUMONIA** Needed for 65+
- COVID-19** Primary series + boosters
- TDAP/TD** Every 10 years
- SHINGLES** 2 shots at 50
- RSV** 1-time dose

Health conditions, previous vaccinations, age, and other factors determine whether an adult needs additional vaccines such as:

- CHICKENPOX
- MENINGITIS
- HEPATITIS A
- MMR
- HEPATITIS B

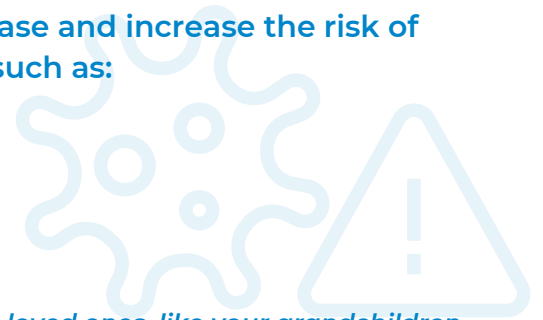
TALK TO YOUR HEALTHCARE PROVIDER ABOUT WHICH VACCINES YOU NEED TO STAY HEALTHY

## WHAT ARE THE RISKS OF BEING UNVACCINATED?

You are more likely to contract a vaccine-preventable disease and increase the risk of serious, sometimes fatal, complications from the disease, such as:

- **PNEUMONIA FROM FLU AND RSV**
- **SEVERE PAIN FROM SHINGLES**
- **BROKEN BONES FROM TETANUS**
- **BREATHING DIFFICULTY FROM WHOOPING COUGH**

*Illness resulting from a vaccine-preventable disease can mean getting loved ones, like your grandchildren, sick because they are too young to be vaccinated.*



## VACCINES & BRAIN HEALTH

Recent research suggests that staying up to date on recommended vaccines, especially the shingles vaccine, may help lower the risk of dementia.

Influenza and pneumonia vaccines have also been linked to a lower risk of Alzheimer's disease.



Protecting your health today may help protect your quality of life tomorrow.

## WHAT CAN YOU DO?

- **Talk to Your Doctor:** Discuss which vaccines are right for you.
- **Visit Your Pharmacist:** Many vaccines are conveniently available nearby.
- **Get Informed:** Knowing the risks and benefits can help you make the best decisions for your health.